



SUMMARY REPORT

Resource Name: Health Beats Series (Volumes 1-5)

Disciplines: Health and Science

Grade Levels: Grades 5 - 8

Producer: Core Learning

Curriculum Correlation

The *Health Beats* Series supports topics and concepts related to the form and function of the human body, and physical, emotional, and social health found in Health and Science curricula in Grades 5 - 8.

Bias

This resource reflects an awareness and sensitivity to areas of bias. Volume 3 addresses how to critically examine health information and identify bias. Volume 4 addresses the issues of stereotypes, discrimination, harassment, body image, and the influence and bias present in the media.

Content

The *Health Beats* Series is an interactive software program that provides accurate, relevant, and up-to-date information in the following areas:

- the form and function of the human body, e.g., human organ systems;
- illness and injury and how they are treated, e.g., asthma and diabetes;
- keeping the body healthy, e.g., healthy eating, tobacco, alcohol and other drugs, healthy living;
- becoming an adult, e.g., personal identity, self esteem and body image, media influences, puberty and changes in body, interpersonal relationships, stereotypes and discrimination, strategies to deal with adolescence such as goal setting, problem solving, and friendships;
- emotional health, e.g., dealing with positive and negative emotions, family dynamics, relationships with peers and teachers, bullying, and communication.

Information is presented in a style and level appropriate for the intended audience, delivered through a variety of methods, e.g., text, interactive labelled diagrams, animations, games, and activities. A Lesson Builder CD-ROM with suggestions for the teacher accompanies each volume of the series.

Methodology

This resource engages the learner through interaction and animation, e.g., the learner clicks on diagrams to see close-ups, to learn further information about specific parts, or watch what happens to the lungs when a person smokes. Students start their journey on an introductory page where they navigate to different topics through pop-up menus. Each volume uses the same characters to present information. Throughout each of the volumes, there are games, quizzes, and activities for practice and consolidation. Volumes 1, 2, 4, and 5 provide a resource bank of information that students can use for research projects.

Assessment

Throughout this resource, students are provided with feedback as they complete quizzes and activities. The Lesson Builder CD-ROMs provide a variety of printable fill-in-the-blank and match the right answer types of quizzes and activities that can be used for assessment.

Format

Health Beats Series is a 5-volume set of CD-ROMs with accompanying Lesson Builder CD-ROMs. Each Lesson Builder disk provides worksheets, quizzes, games, and animated objects that can be used in lesson delivery. Students can use this program independently in a school or home study setting. The disks are packaged in plastic cases.

Recommendation

The *Health Beats* Series is recommended to support topics and concepts related to the form and function of the human body and physical, emotional, and social health found in Health and Science curriculum in Grades 5 - 8.

This learning resource is recommended by Curriculum Services Canada. The recommendation is of this resource only and should not be construed as a general recommendation of the developer of this resource or the developer's business or related activities.